## **Preventive Care Goals**



## Need a referral?

OCNurse@Adventhealth.com

For assistance with locating an in-network PCP, call 1-800-244-6224, log into <a href="https://www.myCigna.com">www.myCigna.com</a>

| GOAL  | REPORTING     | POINTS | MAXIMUM  |
|---|---------------|--------|----------|
| Screening – Breast Cancer Video: Mammogram - What to Expect  Mobile Mammography Look for communications throughout the year at a variety of workforce locations.  More information Here   | Automatically | 20     | Max of 1 |
| Screening – Colon Cancer Colonoscopy or Cologuard Accepted for this Goal Video: Colonoscopy - What to Expect Cologuard is an option for adults 45 and older at average risk for colon cancer. By prescription only. Discuss options with your PCP. Cologuard Information Here | Automatically | 20     | Max of 1 |
| Screening – Cervical Cancer  Cervical Cancer prevention Guidelines  | Automatically | 20     | Max of 1 |
| Screening – Prostate Cancer Recommendations for Early Detection   | Automatically | 20     | Max of 1 |
| Screening – Skin Cancer  Look for communications for OnSpot Mobile  Dermatology bus at different locations throughout the  County. View Events calendar  Learn more about OnSpot  | Self-Reported | 10     | Max of 1 |
| Head & Neck Cancer Screening When found early, most cancers in the head and neck can be cured with few side effects. Information Here   | Self-Reported | 10     | Max of 1 |
| Nurse Visits - Blood pressure screening   | Self-Reported | 10     | Max of 2 |
| Annual vision/eye exam Group: 0236252 (Superior Network) Member Services: 1-833-393-5433 http://www.metlife.com   | Automatically | 20     | Max of 1 |
| Flu vaccine Watch for communications for FREE onsite Flu shots. Insurance card & Employee ID Required. Should I get a Flu Vaccine?  | Automatically | 10     | Max of 1 |

| Shingles vaccine   | Self-Reported | 10 | Max of 1 |
|--|---------------|----|----------|
| Shingles Vaccine: Should I Get it?                             |               |    |          |
| Read Article Here  |               |    |          |
| Pneumonia vaccine  | Self-Reported | 10 | Max of 1 |
| More Information Here  |               |    |          |
| Rx Cigna Prescription Home Delivery Program                    | Automatically | 10 | Max of 1 |
| Get up to a 90-day supply delivered with standard              |               |    |          |
| shipping at no extra cost to you.                              |               |    |          |
| Sign up for automatic refills or refill reminders so you don't |               |    |          |
| miss a dose.   |               |    |          |
| myCigna.com  |               |    |          |
| Preventive Dental Exam   | Automatically | 10 | Max of 2 |
| <u>Learn Basic Dental Care</u>                                 |               |    |          |
| Cigna Dental Group: 3337200                                    |               |    |          |
| 1-800-244-6224   |               |    |          |